



Center for Spiritual Living  
Capistrano Valley

# Adventure in Faith 2011

Our annual program of commitment:  
spiritual & financial

Week Four

The Law of Divine Purpose

October 9

*Dear Ones,*

Are you living the life you came here to live? Are you fully awake, alive, aware and enthusiastic about your life? Are you engaged in meaningful work and activities? Is your heart filled with appreciation for all that you have and all that you are? Do you love your life just the way that it is and just the way it is not? If you answer "yes" to these questions then you are living your Divine Purpose.

Recently I attended a seminar facilitated by Rev. Dr. John Waterhouse. It was an excellent seminar and reminded me of an easy, clear and fun way to determine our Divine Purpose. (I will be offering this seminar for everyone who wants to take it.) I will give you a few hints. Think about the people you admire and the qualities that you admire in them. Those qualities are an essential part of your divine nature and therefore of your purpose.

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Many years ago I envisioned myself as a very old woman in a beautiful building by the ocean with palm trees (much older than I am now.) In that vision I had confirmation that I was supposed to minister, to teach people how magnificent they are, to teach spiritual principles that would help people awaken to their spiritual magnificence.



*Dr. Heather Clark*

[Continued on page 2, top.](#)

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## Dr. Heather's Message

Continued from page 1.

I am so grateful for every person who comes to our Center, whether they are one-time visitors or leaders in this community who have been here for years. Without each one, I would not be able to give my gifts; or as we learned in our seminar, I wouldn't be as fully able to express who I came here to be.

Who did *you* come here to be? When you are being that one, you are expressing your divine purpose, you feel great, you look fantastic and you are contributing to your community. If you don't know exactly what is your divine purpose, make it up. Try something on for awhile. If it fits, it is yours to do and be.

*With Love, Heather*

## Daniel Nahmod in Concert



**Sunday, October 9**

**1:30 - 3:30 p.m.**

Cost: Love Offering;

Child Care Provided -

Contact: [Pattie Mercado](#)

949.240.6463



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## Weekly Themes

**Week One**

*The Law of Tithing*

**Week Two**

*The Law of Goal Setting*

**Week Three**

*The Law of Forgiveness*

**Week Four**

*The Law of Divine Purpose*

# Finding Your Divine Purpose

—By Rev. Dave Lewis, Staff Minister

I believe that, within each individual, lies the potential for greatness. Or, if you will, a Divine Purpose that seeks to be expressed. As what are commonly known as “human” beings, we, in fact, are Spiritual beings living out a human experience.

It is from this truth that I can assert the potential of our greatness. Greatness born of our truly Spiritual nature is the source from which our “human” greatness springs forth.

In our human experience we perform all of the perfunctory tasks that daily life demands of us. The performance of these sometimes menial and sometimes rewarding tasks is an indication of our divinity — because we do these various little jobs as part of our human experience. We would view them as the necessities of a Spiritual creature living in human form.

In her book *The Four Spiritual Laws of Prosperity*, Edwene Gaines asserts that with a minimum of introspection, we come to the knowledge that more can be achieved. When we search our souls we find that we are here on earth in human form to do more than the minimum. We are blessed by the Universe with the ability to choose. Edwene urges us to look around at the world where we find ourselves, in order to find the issue or issues that are of greatest concern to us, and ACT.

Take a moment, exhale, and view your world from your spiritual perspective. When you do, you will find any number of issues that do not please you. Find the one that, when resolved, will make your heart sing. Activate yourself in the resolution of this matter and you will have found your personal DIVINE PURPOSE!

The choice is yours. You may continue in the menial and the perfunctory and no one will ever notice. Or, you may realize that there was and is intention in your taking on a human life on earth. When this confronts you directly, you will seek from within your DIVINE PURPOSE and follow up with definitive, directed and intentional action that will work towards satisfying that inner voice and lead to a raising of our culture and our consciousness.



## Week Four Affirmation Anita Baroldi

I know that I am here on purpose and for a purpose. This unique purpose guides and directs me into right action. My purpose is the divine instrument of Spirit as It reveals Itself as my life. I trust in this Wisdom and Creative Activity of the Infinite expressing in my life now. I am surrounded by Divine Wisdom, Love, and Intelligence. I embrace the greatness that God is, as me. My divine purpose is accomplished with ease.  
And so it is.

# Truth is in the Knowing

## A Demonstration

By John Echelberger

A few years ago on the way to winter camp I was talking with my advisor Kirsten Thomas. We were talking about money and how it shows up in life. I noticed that a lot of college students, even the ones who had been involved in this teaching for years, suddenly become dirt poor when they go to college. I told her that I was afraid that would happen to me. She told me that all I would need to do is know that I am financially abundant and make sure I had an income source.

Fast forward to now. I am a full time student athlete at Saddleback College; and go figure, I bought into the broke college student hype and I'm now scrambling trying to exert my independence.

I had a job coaching water polo over summer but I had to take a break because their practice times were the same as mine and I couldn't be in two places at the same time. Up until a few weeks ago I was not sure what I was going to do to pay for gas, so I started to do a treatment for financial abundance. I would repeat over and over again that I am prosperous. I kept waiting for my mysterious check for \$500 in the mail, and applied to all sorts of places. So far no luck with either, and I wasn't sure if I was doing this whole treatment thing right.



John Echelberger

Then it hit me: I *am* prosperous, I have a car that works, I have a nice phone, I have all these great things. Just because I can't go and buy some fancy *new* thing doesn't mean that I am not abundant. And on top of that I found out that I can go back to work as a coach in November and stay with it till next fall.

I am so abundant it's not even funny.

Spiritual Commitment Spiritual Financial Spiritual Commitment

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# Wednesday Sacred Practice

# Divine Purpose

## A Taizé Service

By Anita Baroldi

This Wednesday will be our fourth and final Adventure in Faith mid-week service. It will be a joyful evening of music, inspired reading, sacred silence, and deep meditation. This is the 'metaphysical' Taizé service you have been waiting for! Our guest musicians will be our beloved Allen Dale and Jason Villanueva who delighted us several months ago with his beautiful Tibetan and singing bowls.

In 1940, Brother Roger bought a small house in Taizé, France, where he started the sacred practice of prayer, chanting, reading scripture and silence. The Taizé Community is a Christian order and is composed of a little over 100 brothers or monks who come from Catholic, Orthodox and Protestant traditions. Over 100,000 people from around the world make pilgrimages to Taizé each year for prayer, Bible study, sharing, and communal work. The Taizé service is all about prayer through music and moments for silence are always a part of the service at Taizé. It is a prayer that is meditative in character and that has neither beginning nor end.

Join us for a wonderful 'metaphysical' Taizé full of spiritual practices. This final week is about the 'Law of Divine Purpose' and our commitment to our spiritual journey and ourselves. Edwene Gaines says to "open your heart, feed your spirit, and give yourself a treat." That is exactly what will happen when you attend our Wednesday service this week. I'll see you there at 7 p.m.!

## Sacred Practices

### *A Taizé Service*

A mindful meditation,  
a connection to our  
spiritual essence.

7 p.m. October 12

**Child Care Provided for  
Daniel Nahmod's Concert  
1:30 - 3:30 p.m..**

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**Contact Pattie Mercado  
for more information.**



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# Ask a Practitioner

Eli Herrera is an Intern Practitioner at the center, professional singer and artist who performs often at special events at the center.



*Eli Herrera*

**Q** Dr. Heather talks about how we should pray and meditate every day. I can sort of see why praying every day would be good, but why should I meditate every day? I mean, who has time?

**A** Source is always giving. Affirmative prayer directs the Law to act upon our mental imprint. This is how we get to live by design rather than by default. One of the ways Source gives to us is through ideas. The silence of meditation gives us the opportunity to receive Divine Guidance, which may come in the form of that still small voice, or an image or a sense of how to proceed. If prayer is talking to God, then meditation is listening. Prayer is active. Meditation is receptive. The balance of the two is important in living an empowered life of co-creation.

Ernest Holmes, from the Science of Mind glossary. Meditation: the recognition of the Father within, the certainty of our Oneness with the Whole, the immediate availability of the Power and Wisdom resulting from this Oneness. Such communion with God brings harmony into our lives and affairs; establishes the law of health and prosperity, and makes us a light to all who cross our pathway.

I recently heard that ten minutes of meditation is like getting an hour of sleep. Meditation brings about peace and harmony and gives us a feeling of being well rested, thereby making us more productive. Who doesn't have time for that?

**Q** Why is it that I can say an affirmative prayer to bring a new love into my life, but I can't pray for the for the one person I am really, really attracted to?

**A** First of all, we can never treat for someone else without their consent — in other words, create a condition (love) for another person. It's unethical and goes against the practitioner code of conduct. Secondly, you can pray for the one you really want. You just can't dictate to the Universe who that is. Why would you want to limit the law? Maybe there is someone who is an even better match.

A more effective way to go about this is to begin with a little self-inquiry. What is it you like about that person, or the way that person makes you feel? This is what you want to experience.

Create a list of qualities you would want in a partner. See how these qualities translate to God attributes, such as joy, power, love...Treat for a partner with those qualities. In your treatment, recognize that these qualities you desire in a partner are all God attributes, therefore are already present in you. When you see it as already yours, it's done. Nothing stands in the way of your good!

Celebration Picnic

# Wholly Holy Hoedown

Ya'll c'mon down for **fun**, **FOOD**,  
**dance**, **music**, more **fun** and...  
more **FOOD**, and **games** for  
**children** of all **ages**!



Sunday, October 16  
After Second Service  
12 - 3 p.m.  
at the center

# Art Auction

*Sunday, October 9, 2011*

(bidding closes at 1:00 p.m. on  
Sunday, October 9)

## Fine Art and Evenings of Entertainment

Original art is revealed each week during Adventure in Faith. One special piece will be featured each Sunday, with additional pieces displayed in the center's lobby.

This year we have added Evenings of Entertainment to our auction including: fine dining, musical entertainment and a fabulous getaway

Place your bid and check back often.

Center for Spiritual Living  
Capistrano Valley

Adventure in Faith 2011  
Our Annual Program of Commitment:  
Spiritual & Financial  
Eli Herrera, Adventure in Faith  
Art Committee Chair





32261 Camino Capistrano, D-105  
San Juan, Capistrano, CA 92675

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# Daniel Nahmod in Concert

**Sunday, October 9  
1:30 - 3:30 p.m.**

Cost: Love Offering;  
Child Care Provided -

Contact: [Pattie Mercado](mailto:Pattie.Mercado@cslicap.org)

Center for Spiritual Living Capistrano Valley

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San Juan Capistrano, CA

949.240.6463



Sample music from  
Daniel's newest  
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