



Center for Spiritual Living
Capistrano Valley

Adventure in Faith 2011

Our annual program of commitment:
spiritual & financial

Week Two

The Law of Goal Setting

September 25

Dear Ones,

This week we move into a very practical spiritual law of prosperity. The second Law of Prosperity is the practice of directing our faith by setting clear, concrete specific goals. Some of you love to set and achieve goals! Good for you. Others reading this article will be in more resistance to actually doing this practice as others have been to tithing. I know because I have done both.

Spiritually I first started the practice of goal setting over thirty years ago, when I was using Dr. Jack Boland's Mastermind Journal. At the beginning of each year, I would set aside time to review the previous year. I would read my goals and feel grateful for all of them that had fully manifested. In fact, I would write, in purple pen the word VICTORY after the goal. The ones I had not achieved, I would ask myself if I really desired that goal, or was it someone else's desire for me. If I still wanted it I would add it to the list for that year. I would then sit quietly and become conscious of what was stirring inside me. Sometimes I would be pulled by a vision, at others I would be pushed by discontent. Either way, I became more aware of the longings of my heart. These became my goals.

**"You are a child of
God. Your playing
small does not
serve the world."
—Marianne
Williamson**

I wrote the goal to go to Paris, to meet Dr. Jean Houston, to see stage plays in London and New York. All of these goals were beyond my comprehension when I wrote them yet I enjoyed each one!

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Dr. Heather Clark

Dr. Heather Clark
Spiritual Advisor

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Dr. Heather's Message

Continued from page 1.

In recent years, I have moved away from tangible goal-setting and toward embracing intentions that are never fully realized, but rather can be more and more fully expressed. For instance, the intention to be a beneficial presence is an intention that could be expressed by being a teacher of Science of Mind classes for twenty or more. The expression is a definite concrete goal. I am curious about myself. Is it self-sabotage to stop with writing the intentions?

Marianne Williamson wrote: "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others."

Have I activated my deepest fear? I have not made my mind up yet. But on the off-chance that I have been sabotaging my good by not writing goals, I am committing to writing clear, juicy, specific ones during this Adventure in Faith. I trust you will join me.

With Love, Heather



Julie A. Houser
President/CEO
Judee A. Chapman
CFO

1424 E. St. Gertrude Pl. (714) 545-6684
Santa Ana, CA 92705 FAX (714) 545-3105
www.markoptics.com email: julie@markoptics.com



E. Roy Dickson
President
Judee Chapman
CFO

1404 East St. Gertrude Place (714) 546-8133
Santa Ana, CA 92705 FAX (714) 546-5227

Weekly Themes

Week One

The Law of Tithing

Week Two

The Law of Goal Setting

Week Three

The Law of Forgiveness

Week Four

The Law of Divine Purpose

Goal Setting

—By Rev. Bruce Fredenburg

In her book *The Four Spiritual Laws of Prosperity*, Edwene Gaines devotes a whole chapter on the subject, **Why you Must Learn to Set Goals**. She states that “When you start tithing, the windows open and a shower of good starts flowing into your life. Now you need something to catch the good with, or it will be lost to you. Setting concrete and practical goals creates a vessel with which you can catch it.”

It has also been said that setting goals is like when you go to the movies, they always show “Coming Attractions.” I like the idea of “Coming Attractions” in my life and I would guess that you do too! However, Edwene also points out that many of us don’t reach for our goals because we have more faith in our beliefs about our limitations than we do about ourselves as being who we really are: A child of God...An Expression of the Most High...A point of light within the Greater Light. We then suffer from what I call the ‘Too’s.’ I’m too old, too young, too heavy, too skinny, too short, too tall, too tired, too broke, and on and on.

According to Edwene, “What we are really doing when we are setting goals is directing our faith. Having directed faith is having a heart-felt directed desire, coupled with a deep and abiding trust in the generosity of God, and therein lies the magic and power of setting our goals.” She also says that we need to be clear and specific when we direct our faith. As an example she points out that we wouldn’t call up a store and say “Just send over something you think I would like.”

You wouldn’t make them guess, you’d be specific about what you want.

It has been said that a farmer needs to have faith in the promise of the harvest before he or she would go through all of the work and trouble to plough a field, then water and fertilize and remove weeds for months before seeing any tangible results. Thus, it becomes obvious that in order to achieve our goals we need to take action congruent with what we would do if we really expect to get our goal. To do this we need to accept the beliefs of a person who expects success and would naturally take those actions.

So what are your goals and what would it take for you to have faith in God’s goodness and the inevitability of your harvest? Edwene is our Adventures In Faith Prosperity Speaker this year and she has many useful ideas to get you there.



Week Two Affirmation

Gina Caruso

We are all successful men and women and we are also big dreamers. We imagine our future will be, ideal in every respect, and then we work every day towards this vision, goal or purpose. Today, the windows of directed faith are open wide and a shower of good flows into my life. I know that goal setting is a fun and creative part of the prosperity process and I accept with joy all the benefits! And so it is!

It's All About Prayer A Demonstration

By Carolyn Robertson

Recently, a dog skirmish left my little dog, Ming with a mangled and broken jaw, torn tongue, and collapsed sinus cavity. She also lost a front tooth and a sizable amount of blood. According to the veterinarian who performed her surgery, a positive outcome could not be insured but was possible with proper aftercare. He pronounced her in guarded condition.

As a metaphysician, I know that there are appearances, conditions, facts, and then there is the Truth. I felt my heart sink and then rise up as I remembered that all sentient beings are creative expressions of God designed to self-heal, and not just survive but thrive. I began to recite healing affirmations, knowing the truth for my dear little companion and knowing peace of mind free of worry or fear, for me.

The Animal Kinship Ministry and other friends and members of our spiritual center treated for the revealing of wholeness and health. They aligned with me in knowing the right nursing care while sharing their love and concern.



Ming Robertson

When Ming returned for a two week check-up, the Vet was truly astonished by what he called the “miraculous way her jaw had fused back together perfectly” despite the fact that she had pulled out the wiring device. I have no doubt that faith, prayer, and the healing force of Love were crucial in restoring Ming to a happy, healthy state. I am so grateful to God and to all who prayed and supported us.

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Patrick & Joann Freeman
Call Us for a Free Consultation
949-497-7473

Freeman Insurance Agency
625 Oak Street
Laguna Beach
CA 92651

Patrick Freeman
LUTCF, CDHC, MBA
CA Lic. 0696804
Patrick@LagunaBeachInsurance.com

Joann Freeman
MBA, MEd OF78787
Joann@LagunaBeachInsurance.com
www.LagunaBeachInsurance.com



Lic. #MFC 17319

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Wednesday Sacred Practice

Goal Setting

The Wisdom Keepers

By Joanne Leone

Mark your calendars for Wednesday, September 28 at 7 p.m. That is the night wisdom will be oozing like honey from a comb from our five wisdom keeper panelists. If you have a question about Science of Mind or life itself, this is the evening you have been waiting for.

The icing on the cake will be music by our very own Charlotte Wolfe and friends in their group called "Livin' On A Prayer" (Kirsten Thomas, Jean Turrell-Wright, Charlotte Wolfe, Darrolyn Fennelly, Betsy McCormick and Karyn Allen). Truly something not to miss!

Who will be on the panel you say? Glad you asked...

Dr. Peggy Price. Dr. Peggy is a graduate of Holmes Institute. She is a former minister of the Sangha Center for Spiritual Living and Seal Beach Center for Spiritual Living.

Rev. Lynn Gabrielson. Dr. Lynn was recognized as Woman of the Year in Utah. Rev. Lynn owns *Professional Power Seminars of Orange County* was awarded *Speaker of the Year* by the **Professional Speakers Network**. She is the co-founder and co-pastor of the Center for Spiritual Living Saddleback Valley.

Dr. Steve Gabrielson. Dr. Steve is currently President of an accounting firm in Newport Beach. He was Minister of the Year for 2007-2008, and is First V.P. of Board of Directors of International Centers for Spiritual Living. Dr. Steve is the co-founder and co-pastor of the Center for Spiritual Living Saddleback Valley.

Dr. Jim Turrell. Dr. Jim is the founder and pastor of the Newport-Mesa Center for Spiritual Living. He served 6 years as a member of Religious Science International Board of Directors, and has written and published books on Jesus, public speaking and the life of Socrates.

Dr. Heather Clark. Dr. Heather has served as senior pastor for the Center for Spiritual Living Capistrano Valley since 1999. She was awarded the *Bitzer Award* and the *Minister of the Year Award* and has served on the **Board of Education** and the **Board of Directors** for our International organization.

I'll see you there!

Sacred Practices

Directing Our Faith: The

Wisdom Keepers
Many of Southern California's most wisdom-filled ministers answer questions - live!

7 p.m. September 28

The Bahai View

An exploration of forgiveness

7 p.m. October 5

A Taizé Service

A mindful meditation, a connection to our spiritual essence.

7 p.m. October 12

 <p>Darrolyn Fennelly Piano & Voice Lessons All Ages</p> <p>949.498.1788 darrolyn@cox.net www.darrolynfennellypiano.com</p>	 <p>WENDI'S donuts & deli</p> <p>Opens Daily: Mon-Fri: 5:00AM - 6:00PM Sat-Sun: 5:00AM - 3:00PM</p> <p>Donuts Bagels Pastries Smoothies Sandwiches Catering</p> <p>Before, between or after service stop by for food, fun & fellowship</p> <p>32211 Camino Capistrano, Ste. E101 San Juan Capistrano, CA 92675 949.488.8086</p>
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Affirmative Prayer of the Week

Second Law: Goal Setting

By Dr. Heather Clark

I recognize the One Life of Spirit. It is Infinite Mind, pure Intelligence, all-knowing, everywhere present, omnipotent. This all-powerful consciousness permeates all space and time. It is the Creative Process and it is the organizing Principle of Life Itself. I remind myself that Divine Order is Heaven's first Law.

With conscious awareness that this Infinite Intelligence is everywhere, I consciously unify with it now. I know that everything that is true for Divine Mind is also true for me. My mind is an expression of God's Mind. The intelligence that indwells me is pure awareness, all-knowing, all-powerful. I am continuously expressing the Creative Process. The organizing Principle of Life is my life. My mind and the body of my affairs are in Divine Order, keeping perfect harmony with the Divine.

Naturally, I realize that my good is at hand. Today I utilize the power of the second law of tithing by setting clear, concrete and practical goals for myself. Knowing that the Presence within seeds desires, I contemplate the desires of my heart and I clearly establish those desires by directing my faith now. I clearly write these desires as concrete, specific goals in the present tense.

I let my heart sing with the felt sense of joy knowing my good is at hand. I express my appreciation of the Creative Process and for my specific good.

Then with ease, I place this Word into the immaculate Law of Mind. It is in God's hands. And so it is.

Prayer Treatment

Step 1 — God Is

I recognize the One Life Spirit.

Step 2 — I am

I know that everything that is true for Divine Mind is also true for me.

Step 3 — I recognize

Today I utilize the power of the second law of tithing by setting clear, concrete and practical goals for myself.

Step 4 — I am grateful

I let my heart sing with the felt sense of joy knowing my good is at hand.

Step 5 — I release

Then with ease, I place this Word into the immaculate Law of Mind. And so it is.

Commitment

Spiritual

Spiritual

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Commitment

Adventure Man invites you to...



Stretch beyond your comfort zone and have fun! Find out more at www.facebook.com/CSLCVAdventureMan

Or go to <http://cslcvadventure.blogspot.com/p/events.html>

Ask a Practitioner

Aidan Greaney is a licensed Practitioner at the center. He serves on its board of trustees, and chairs the Home That We Own Committee.



Aidan Greaney


Q If Science of Mind is a Christian religion, why do we pay respects to other religions in the Sunday services; religions like Islam, Judaism, and Bahai?

A There is only One First Cause in all creation. It has diversified itself as at least 7 billion people and trillions of life forms on the planet and while still being the First and Only Cause in Existence. This means that while, there are about 9 to 10 major religions on the planet, all are valid, as God being everywhere, is in and through and as these religions too, according to the beliefs of these religions. It can't be any other way. While we are honoring these religions on Sunday, we are honoring God too and honoring that there are endless approaches to honoring God and acknowledging God and honoring other religions is a godly thing to do. We are acknowledging the Unity of life.


Q I've been taking the basic Science of Mind classes and there is something I really don't understand. It seems that they are teaching that there is no such thing as evil. But if that is true, then how do you explain things like genocide and child abuse and 9/11?

A The simplest answer is that there has to be One Ultimate Source for everything and It is being Itself regardless. This Source, while being Its eternal Self, is also fulfilling everyone's belief automatically. So if I believe in two powers, one called good and one called evil (even though there can only be One Power), then it will seem to display Itself as two even though there is only One Power. However, this One Power can never be divided (otherwise It would negate some or all of Itself, which It cannot do). As God is everywhere present how can it negate It's own Existence? It can't. We humans have been given the power to choose to believe what we believe. For those people who choose to commit genocide, child abuse or even do what was what done on 9/11, they exercised

their right to believe what they believe in this way. Now, Ernest Holmes didn't deny the existence of the *appearance* of evil. And I neither support nor accept such thinking myself for myself. It seems to me that the individuals who commit such acts may not understand their own spiritual nature and justify their own actions based upon some belief in the absence of Good even while there cannot be any absence of Good anywhere.



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Prudential California Realty
30812 S. Coast Highway, Laguna Beach, CA 92651
Fax 949 499-1414 Direct 949 793-4229
Cell 949 230-3446 E-Mail pattytruman@pruoc.com
Web Site www.patriciatruman.com

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Prosperity Plus

with Rev. Edwene Gaines

Well-known author, teacher, speaker and Unity minister Rev. Edwene Gaines will present an interactive workshop based on her timeless book, *The Four Spiritual Laws of Prosperity*.

Sunday October 2
1:00 - 3:30 p.m.

Cost: Love Offering; Child Care Available -

Contact [Pattie Mercado](#)

Teen Salad Bar after second service; Cost: Love Offering



Daniel Nahmod in Concert

Sunday, October 9

1:30 - 3:30 p.m.

Cost: Love Offering;

Child Care Provided -

Contact: [Pattie Mercado](#)



Sample music
from Daniel's
newest CD at
[www.
danielnahmod.com](http://www.danielnahmod.com)



Center for Spiritual Living
Capistrano Valley
32261 Camino Capistrano
Ste. D-105
San Juan Capistrano, CA
949.240.6463

The Dream Machine

with Eli Herrera & John Stippick

Set a goal and go for it, what could be simpler, right? Getting from where you are now to where you want to be isn't always easy.

My Dream Machine experts Eli Herrera and John Stippick talk about setting and attaining goals — and *everything in between*.

Sunday, September 25, 1:00 - 2:00 p.m.

Cost: Free

Child Care Provided - Contact [Pattie Mercado](#)

Art Auction

Sunday, October 9, 2011

**(bidding closes at 1:00 p.m. on
Sunday, October 9)**

Fine Art and Evenings of Entertainment

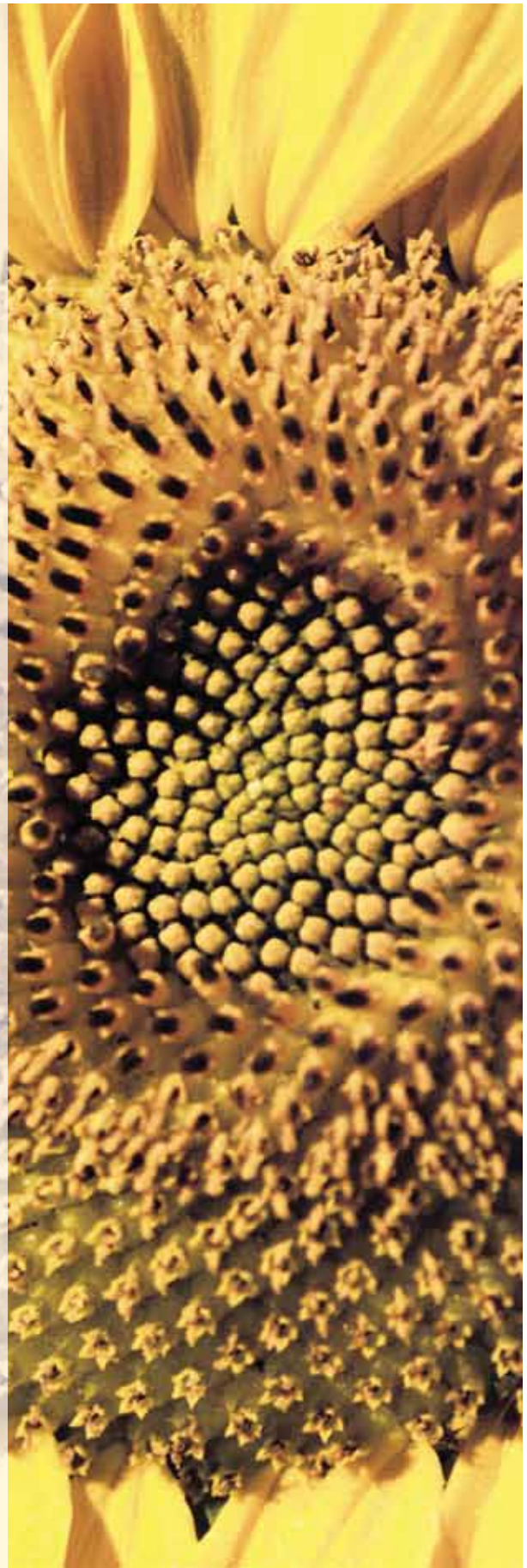
Original art is revealed each week during Adventure in Faith. One special piece will be featured each Sunday, with additional pieces displayed in the center's lobby.

This year we have added Evenings of Entertainment to our auction including: fine dining, musical entertainment and a fabulous getaway

Place your bid and check back often.

**Center for Spiritual Living
Capistrano Valley**

**Adventure in Faith 2011
Our Annual Program of Commitment:
Spiritual & Financial
Eli Herrera, Adventure in Faith
Art Committee Chair**





32261 Camino Capistrano, D-105
San Juan, Capistrano, CA 92675

Return Service Requested

Celebration Picnic

Wholly Holy Hoedown

Ya'll c'mon down for fun, food, dance, music, more fun and more food — Sunday, October 16, after second service.

Games, dancing and food for children of all ages!

