



Center for  
*Spiritual Living*™  
Capistrano Valley

January — February 2012

*Dear Ones,*

It is astonishing to me that we are entering a brand-new year! 2012! What will it bring? We may ponder. For some people this is a year filled with threats of cataclysmic change. When I searched predictions for 2012, I found hundreds. Most of them have some kind of negative message like Doomsday, End Times, Polar Shift, etc. This is truly a great time to be who we are, knowing what we know! The world needs us to think clearly now. It does not matter to me what stars are unaligned, if I am not aligned with the Presence of the all Good. It does not matter to me what ancient or modern civilizations have predicted that this year be the end of days, if my days do not end with gratitude for the gifts of the Spirit. To that end, and because it is also leap year, the theme I have chosen for the year is “God: 24-7, 366!” We are basing the year on a daily reading book by Ernest Holmes titled *365!* I will write a daily reading for February 29th.

**This is truly a great time to be who we are, knowing what we know!**

We know that God is GOOD! Here and now in all activities and every occasion, the Life Principle sits in perfect equilibrium bringing forth from Itself, newness. If we want to believe one of the predictions, I suggest that we put a New Thought spin on it and profess our belief that the old consciousness is coming to an end and a new consciousness of Love, Life, Peace, Beauty, Peace,

Freedom and Light is being birthed.

Our theme for January is Fresh Starts. I love the idea that no matter what age, circumstance, condition or effect one might be in, Divine Mind knows Itself as you as Infinite Possibilities. So let’s make a fresh start together. I am moving into a new home, and although I haven’t seen it in form yet, I have seen it vividly in my imagination. I am making a fresh start. I am enjoying the packing and preparation and consciously letting go of anything I don’t love! It really is time to do so!

Rev. Pattie and Rev. Karyn and I have been having fun writing evocative Sunday message titles. I know you will enjoy them as much as we have enjoyed putting them together for you.

[Continued on page 2.](#)



Dr. Heather Clark

**Dr. Heather Dawn Clark**  
*Senior Minister*

**Rev. Judee Chapman**  
*Asst. Minister,  
Wed. Services*

**Rev. Alene Kramer**  
*Asst. Minister,  
Prayer Ministry*

**Rev. Pattie Mercado**  
*Asst. Minister,  
Youth Director*

**Rev. Madi Layng**  
*Staff Minister,  
Health & Wellness*

**Rev. Geoff Layng**  
*Staff Minister,  
Public Speaking*

**Rev. Bruce Fredenburg**  
*Staff Minister,  
Science of Mind &  
Mental Health*

**Rev. Dave Lewis**  
*Staff Minister,  
Membership*

**Rev. Patricia Truman**  
*Staff Minister,  
Events Coordinator*

**Rev. Ann Ronan**  
*Staff Minister*

**Rev. Karyn Allen**  
*Staff Minister,  
Creative Arts*

**Rev. Lynn Arsenault**  
*Staff Minister,  
Education*

**Diane Hennessy**  
*Center Administrator*

**Jean Turrell-Wright**  
*Choir Director*

**Peter Herz**  
*Music Director*

**Barbara Klein-Robuck &  
Sophia Tosunian**  
*Circle of Love*

**Rose Tingle**  
*Animal Kinship*

**Mia Cook**  
*Bookstore Manager*

**Pamela Rocke**  
*Newsletter Editor*

## **Dr. Heather's Message, Continued** from page 1

Rev. Patricia, who has developed a specialization about creating a new story for yourselves, will be with you on Sunday, January 1st. I know you will get so much out of it.

In preparation, ask yourself, what newness desires to emerge through me this year? What new skill will I learn? How can I be even more receptive to the inner Presence? Perhaps you will work with your body temple, maybe with your home, your family, your work or your creative expression. Together we can and will make a huge difference as we support one another in living our best yet lives.

My prediction for 2012: There will be a shift in consciousness from separateness, fear and divisiveness to unity, peace and beauty.

Happy New You!

Love, *Heather*

## **Classes & Events**

### **SOM 102: The Nature of Effective Prayer**

In this class, we will go deeper into the understanding of Affirmative Prayer. Through reading, exercises, discussion, and practice, you will develop a deep understanding of how to pray effectively for yourself. Effective prayer is the cornerstone of creating your best possible life.

SOM 102 is required for First Practitioner Licensing

Dr. Heather Clark; Tuesdays; 8 weeks; Jan. 3 - Feb. 21

7 - 9:30 p.m.

Tuition: *Love Offering*; Text: *The Science of Mind*

### **SOM 212: Myth and Spirit**

Joseph Campbell was perhaps the greatest thinker of the 20th Century. His writings cover a vast range of spirituality, culture, and human mythology. His presence, which most people only experience through the wonderful Power of Myth video series, was transcendent. This course takes an overview of Campbell's work, helping the novice and scholar alike make sense of his or her own personal myth.

Rev. Dave Lewis; Mondays; 8 weeks; Jan. 9 - Feb. 27, 2012;

7 - 9:30 p.m.; Tuition: *Love Offering*; Text: *Reflections on the Art of Living: A Joseph Campbell Companion*;

Recommended reference: [www.jcf.org](http://www.jcf.org)

# Message from the President of the Board of Trustees

Mary Brogdon, President of the Board of Trustees

**Happy New Year** to everyone! What are you creating in 2012? I am creating for myself an expanded level of passion, love, connection, powerful action, and abundance. By passion, I mean a passion for living a greater, fuller life so that I awaken each day with anticipation for what new fulfilling experiences I can invent for my day. By love and connection, I mean that I am fully expressing the Love that I Am, and that I am connecting to the people around me from that space of loving acceptance of myself, as well as loving acceptance of all others. By powerful action I mean that I intend to take consistent, confident action to create the life I have envisioned. The result I am seeing therefore is inevitably greater abundance of passion, loving relationships, fulfillment, health and wealth.

As with any good thing it begins with recognition that God is the Source of all my good and being in gratitude for all that I presently have; acknowledging that there is nothing wrong with the way my life is right now, there is only more to be realized.

I want to acknowledge YOU for your generosity and your commitment to this Center for Spiritual Living. The board does not see the pledge cards. The cards are only seen by Dr. Heather and our bookkeeper. So far (as of December 21), the bookkeeper informs the board that 47% of you have indicated by your pledge card that you are committed to tithing. That is the highest percentage we have ever seen. It is inspiring. I know it is because we teach that tithing is a spiritual practice that causes your life to work better. You may not know this, but our center has a higher per capita level of giving than most of the centers in our organization, regardless of size.

Because of your commitment to yourself and to our center, our Board of Trustees begins the process of planning our budget for 2012 with great expectancy and gratitude. It promises to be an easy and joyful budgeting process this year. We have been talking about upgrading the equipment in our audiovisual booth to enhance our capability to create and produce quality videos of our Sunday service. With a new desk top PC and a new laptop we expect to have greater efficiency in our use of audiovisual presentations at all our services and classes. Our dream is to have live streaming of our Sunday service.

We would also love to have a large flat screen to mount on the wall in the classroom that we can use with a laptop to project on the wall what is seen on the computer screen. We thought it would greatly facilitate our budget meetings, our SWOT meetings (after many of our events we take time to evaluate the Strengths, Weaknesses, Opportunities, and Threats contained within the event), among other classroom activities. If you or anyone you know plans to upgrade their equipment at home or office and wishes to make a tax-deductible donation to our center, please speak to Dr Heather, or any member of our ministerial staff or the board of trustees. We have decided to publish a “wish list” for such items, which we will put on the kiosk and the bulletin insert, if there is room.

May 2012 be filled with all the blessings you have dreamed of and imagined for your life. I love and appreciate you. And so it is.



Mary Brogdon  
President of the  
Board of Trustees

# Youth Center

*Rev. Pattie Mercado, Youth Director*

## Sundays At the Youth Center

Sunday morning in youth church is when we share the power, the joy, the possibility of the Science of Mind with the youth! It is a dynamic and exciting time when the creativity, wisdom and energy of our youth meets the fun, wisdom and inspiration of our youth volunteers and lessons! Youth church is for everyone - fun, relevant and welcoming!

In 2012 we are excited to be participating in the centers theme for the year: God 24-7, 366! It's all God and it's all Good as we affirm "my life is blessed and it shows!"

## Kids Day Out

Kids Day Out is our ongoing playgroup for children ages 2 and up and is a great support and connection for the parents too! Play, snack and light lunch, painting, stories, fun and more!

Please contact [Rev. Pattie](#) for more information.

## Meet Our In-Flight Advisors

### Janet Chenlee

Janet has been a youth group advisor for "Capo" since 1999. She also is a member of the Centers for Spiritual Living Youth Seminars Leadership Team, and is very involved with planning the bi-yearly youth camps. She has one teen who is also a member of the In-Flight Teens. Janet has been involved in the teen program and Religious Science since she was a teenager, and loves to give back to the teaching that gave so much to her.

### Marlene Cuckler

Marlene has been a youth group advisor for "Capo" since 2005. She is a practitioner, and continues to keep the "high watch" for our teens

weekly. She is the organizational queen, and keeps all the advisors in line for what needs to be done. Marlene has two teens who have been involved in the In-Flight Teens. Marlene loves camp, and enjoys spending time watching the teens grow.

### Kirsten Thomas

Kirsten has been an advisor at "Capo" since 2005. She has had two teens who have been involved in the In-Flight Teen group. Kirsten was active in the Redondo Teen group as a teen and as an advisor as a young adult. She deeply believes in teens supporting each other and loves teens. She is a confidante for many of the teens, because she's been through what they're going through, and balances silliness with understanding.

### John Echelberger

John is our newest member of the "Capo" advisors. He has been in the In-Flight Teens since he was 13 years old. John is currently attending Saddleback College and is a member of their water polo and swim teams. Since John has grown up in this teaching, he brings a lot of experience to the teens and connects with them on a level that the "older" advisors can't. John is the only male advisor, so he brings a strong male energy, as well as playfulness to the group.

## In-Flight Meetings

The In-Flight Youth Group meets the 1st Sunday at 10:30 and attends the 11 a.m service. Meetings on the 2nd, 3rd and 4th Sunday is 6-8 p.m. The schedule changes for holidays and special events so check with advisors for the most up-to-date information.

## Parenting Forum

The Parent Forum is our monthly parenting class and empowerment group. Join like minded parents the first Thursday of each month for relevant discussion and useful tips to make the parenting experience even better! 11:30 a.m. - 1 p.m.; refreshments and childcare provided.



## The Word of Youth

*John Echelberger, In-Flight Advisor*



Most of you have seen the teen group at the first Sunday services and when we do fundraisers, but how many of you know what goes on in the in flight teen group?

The teen group meets most Sunday evenings, from 6-8 p.m. We do a workshop to help us awaken spiritually, and mingle with our like-minded teens.

I have gone through the youth group for most of my teenaged life and it was a very important aspect of my life. It helped me to grow and learn more about how I am as a person and not get sucked into all the drama of the high school world around me. It kept me grounded and on track, which is so helpful when you have so many other people pulling you from every direction in your life.

But the best part of teen group is camp. Camp is one of the best experiences I have ever had. We have camp twice a year one summer and one winter, the winter is broken into regions, while summer is everyone.

Camp really shows you how there are so many more people who do think like you out in the world. It also helps you to grow, because we get to do more in-depth workshops than we can in teen group because we have so much longer.

Camp is a way for the youth of our teaching to bond and form connections that will last a lifetime, which is why I am so excited to be an advisor for our church.

*John Echelberger graduated from high school in June and joined the In Flight Advisors team in December.*

# January

# Fresh Starts

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 <i>Get Out of Your Pajamas and Start Your New Year With Intention!</i> with Rev. Patricia</p> <p>Guest vocalists: AllenDale</p>	<p>2 <b>Office Closed</b></p>	<p>3 Kids Day Out 9:30 a.m.-12:30 p.m.</p> <p>SOM 102 <i>Effective Prayer</i> 1/8 7-9:30 p.m. Dr. Heather</p>	<p>4 Wednesday's Wisdom 7-8 p.m.</p> <p>SOM 300 7-10 p.m.</p>	<p>5 Get Moving with Karyn 10 - 10:50 a.m.</p> <p>Parent Forum 11:30 a.m.-1 p.m</p> <p>Choir 7 p.m.</p>	<p>6 <b>Office Closed</b></p>	<p>7</p>
<p>8 <i>Writing a Language of New Possibilities</i></p> <p>Guest vocalist: Kathy Williams</p> <p>Social Media Workshop with Darin &amp; Lisa McClure 12:30-2 p.m.</p> <p>Teen Meeting 6 - 8 p.m.</p>	<p>9 SOM 212 <i>Myth and Spirit</i> 1/8 7-9:30 p.m. Rev. Dave</p>	<p>10 Kids Day Out 9:30 a.m.-12:30 p.m.</p> <p>SOM 102 <i>Effective Prayer</i> 2/8 7-9:30 p.m. Dr. Heather</p>	<p>11 Wednesday's Wisdom 7-8 p.m.</p> <p>SOM 300 7-10 p.m.</p>	<p>12 Get Moving with Karyn 10 - 10:50 a.m.</p> <p>Choir 7 p.m.</p>	<p><b>Winter Camp: Jan. 13 - 16</b></p> <p><b>Office Closed</b></p>	
<p>15 <i>My Cup is Filled and Over-Flowing</i> with Revs. Karyn, Lynn and Pattie</p> <p>Guest vocalist: Debra Barbre</p> <p>Practitioner Meeting 12:45-2:30 p.m.</p>	<p>16 SOM 212 <i>Myth and Spirit</i> 2/8 7-9:30 p.m. Rev. Dave</p> <p><b>Winter Camp</b></p>	<p>17 Kids Day Out 9:30 a.m.-12:30 p.m.</p> <p>SOM 102 <i>Effective Prayer</i> 3/8 7-9:30 p.m. Dr. Heather</p>	<p>18 Wednesday's Wisdom 7-8 p.m.</p> <p>SOM 300 7-10 p.m.</p>	<p>19 Get Moving with Karyn 10 - 10:50 a.m.</p> <p>Visioning 5:30 p.m.</p> <p>Choir 7 p.m.</p>	<p>20 <b>Office Closed</b></p>	<p>21</p>
<p>22 <i>Build Your Life From Infinite Possibilities</i></p> <p>Guest Vocalist: Michael Paul Smith</p> <p>In-Flight 10:30 a.m. - Camp Share Day</p>	<p>23 SOM 212 <i>Myth and Spirit</i> 3/8 7-9:30 p.m. Rev. Dave</p>	<p>24 Kids Day Out 9:30 a.m.-12:30 p.m.</p> <p>SOM 102 <i>Effective Prayer</i> 4/8 7-9:30 p.m. Dr. Heather</p>	<p>25 Wednesday's Wisdom 7-8 p.m.</p> <p>SOM 300 7-10 p.m.</p>	<p>26 Get Moving with Karyn - no meeting</p> <p>Choir 7 p.m.</p>	<p>27 <b>Office Closed</b></p>	<p>28</p>
<p>29 <i>Seeing the Whole Pie Even When You Only Have a Slice</i></p> <p>Guest Vocalist: Jennifer Hart</p> <p>Teen Meeting 6 - 8 p.m.</p>	<p>30 SOM 212 <i>Myth and Spirit</i> 4/8 7-9:30 p.m. Rev. Dave</p>	<p>31 Kids Day Out 9:30 a.m.-12:30 p.m.</p> <p>SOM 102 <i>Effective Prayer</i> 5/8 7-9:30 p.m. Dr. Heather</p>			<p><b>Office Closed</b></p>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Wednesday's Wisdom 7-8 p.m.  SOM 300 7-10 p.m.	2 Get Moving with Karyn 10 - 10:50 a.m.  Parent Forum 11:30 a.m.-1 p.m.  Choir 7 p.m.	3   <b>Office Closed</b>	4
5 <i>Trusting Life to Express As Me</i>  Guest vocalists: AllenDale  In-Flight 10:30 a.m.	6 SOM 212 <i>Myth and Spirit</i> 5/8 7-9:30 p.m. Rev. Dave	7 Kids Day Out 9:30 a.m.-12:30 p.m.  SOM 102 <i>Effective Prayer</i> 6/8 7-9:30 p.m. Dr. Heather	8 Wednesday's Wisdom 7-8 p.m.  SOM 300 7-10 p.m.	9 Get Moving with Karyn 10 - 10:50 a.m.  Choir 7 p.m.	10   <b>Office Closed</b>	11
12 <i>S.O.S:See Only Solutions</i> with Rev. Royal Satterlee  Guest vocalist: Cheryl Crandall  Workshop with Rev. Royal Satterlee 1:30-3 p.m.  Teen Meeting 6 - 8 p.m.	13 SOM 212 <i>Myth and Spirit</i> 6/8 7-9:30 p.m. Rev. Dave	14 Kids Day Out 9:30 a.m.-12:30 p.m.  SOM 102 <i>Effective Prayer</i> No Class  Valentine's Day  	15 Wednesday's Wisdom 7-8 p.m.  SOM 300 7-10 p.m.	16 Get Moving with Karyn 10 - 10:50 a.m.  Choir 7 p.m.	17   <b>Office Closed</b>	18
19 <i>Who's the Boss?</i>  Guest vocalists: Choir  Teen Meeting 6 - 8 p.m.	20 President's Day  SOM 212 <i>Myth and Spirit</i> 7/8 7-9:30 p.m. Rev. Dave <b>Office Closed</b>	21 Kids Day Out 9:30 a.m.-12:30 p.m.  SOM 102 <i>Effective Prayer</i> 7/8 7-9:30 p.m. Dr. Heather	22 Wednesday's Wisdom 7-8 p.m.  SOM 300 7-10 p.m.	23 Get Moving with Karyn - no meeting  Choir 7 p.m.	24   <b>Office Closed</b>	25 <i>Do It For Love</i> Aliso Creek Inn 5 - 9 p.m.  
26 <i>God Never Plays Favorites</i> with J.D. Martin  Guest vocalist: J. D. Martin  Teen Meeting 6 - 8 p.m.	27 SOM 212 <i>Myth and Spirit</i> 8/8 7-9:30 p.m. Rev. Dave	28 Kids Day Out 9:30 a.m.-12:30 p.m.  SOM 102 <i>Effective Prayer</i> 8/8 7-9:30 p.m. Dr. Heather	29 Wednesday's Wisdom 7-8 p.m.  SOM 300 7-10 p.m.			



## Seva

# The Strong Pull to Volunteer

*Vidette Vanderweide*

Growing up, I would attend church services every Sunday. It wasn't enjoyable for me and truly was a time to plan out what I was having for lunch or to replay my teenage drama for the week.

There certainly was no connection with God, therefore, the pull to help the church in any way was non-existent. As I fast forward 30 years into the future, I "stumbled" into my first service at The Center for Spiritual Living - Capistrano Valley back in February.

I was a little reluctant, a little hesitant about what I thought was a 'church' with a band...(gasp!) A church with a band...isn't that sacrilege?

What I experienced was something that I NEVER experienced in my life...the feeling of what God was supposed to feel like! From the minute I witnessed the candle-lighting ceremony representing all religious sects who celebrate God or a Higher Power, I knew I had found my place.

As I spent more time at the Center, participating in the workshops offered, and truly being surrounded by others who truly felt as one to me, I felt a very distinctive pull to do more for the center.

Yes, I do tithe my money, however, I felt to my core, that I had to do more for the center. One hears over and over again, the stories of those who have been at the center for 20 years or 2 months who had the same experience as I and who feel deeply for the center as I do. For me to give my time to a sacred place, who welcomes all and denies no one, that can change lives so quickly and drastically, is for me, a gift.

Simply by giving my tithe to the center is not giving everything that I can to help our center...my center. I have talents that I know will lead to the growth and development of our center, and by not volunteering my talents, I feel as though I am denying a place that gives so openly to all.

I truly enjoy giving the small amount of time that I do to the center. With a business and a family at home, it is sometimes scary to commit to something else, however, it wasn't a question for me at all. I have learned tools and principles during my short time at the center that will forever transform my

life. How could I question giving up a couple hours a month in return?

I am grateful for Dr. Heather and all the staff that give their full-time commitment to the center. It wouldn't be what it is without each of them. But most importantly to point out, it is the volunteers who support our full-time staff that are just as important. It's the people who are there when we are not. It's the people who are tying ribbons, setting up lights and handing out gifts to visitors that allow our center to be at the forefront of so many lives.

I am so grateful to give back where I can and intend to give back even more where I am needed. In the past, helping an organization that really doesn't interest me is a chore. I have been there, but now I truly understand a principle that I learned in our "Prosperity Plus" class: prosperity and abundance come to those who "tithe their time, talents and treasures." I have found abundance simply by living that principle and donating my time, talents and treasure to our beautiful center!

*Vidette is a member of the Center for Spiritual Living Capistrano Valley and is very generous with her time, talent and treasure. She is an abundance teacher and business mentor.*



**Workshop:**

## The Unforgettable Valentine Splendor

with Rev. Royal Satterlee

Express and receive more love in life! When we fully experience the Unconditional Love that is the Divine within us, we find healing and greater dimensions of spirituality.

Rev. Royal is an ordained minister of Religious Science and author of *Royal Satterlee's Meeting the Lovefriend* and *The Greater Dimensions of Spirituality*.

Sunday, February 12  
1:30 - 3 p.m.  
Cost: Love Offering  
Child Care Provided



## Wednesday's Wisdom Infinite Possibilities

*Rev. Judee Chapman, Assistant Minister*

As we step into a new and exciting year, we are reminded of the fullness of Life at this moment. Dr. Ernest Holmes says, "There is always the greater possibility available to you. There is a Divine Strength and an infinite Wisdom at the center of your being, ever waiting to be released, that will enable you to put more into life and living and to take more out of it. A limitless Creativity exists and expresses through all that is. It is always seeking a fuller channel of expression through you. Recognize that It exists, and accept Its action in your life."

Being a part of the Wednesday night service gives you the opportunity to explore all the 'possibilities' in your life. Our wonderful ministers delight in giving you their inspiration and wisdom through their thoughts and messages every Wednesday night. Join us for an 'hour of power' that will awaken you to your 'infinite possibilities!'

Blessings,

Rev. Judee

## January — February

- |         |               |   |
|---------|---------------|---|
| Jan. 4  | Rev. Pattie   | <i>Control IT for Your Good</i>           |
| Jan. 11 | Rev. Patricia | <i>2012 - A New Story</i>                 |
| Jan. 18 | Rev. Geoff    | <i>Our Healing Consciousness</i>          |
| Jan. 25 | Rev. Madi     | <i>Amazing Grace</i>                      |
| Feb. 1  | Rev. Karyn    | <i>Living It Up</i>                       |
| Feb. 8  | Rev. Bruce    | <i>How to Have More Love In Your Life</i> |
| Feb. 15 | Rev. Ann      | <i>Get Connected</i>                      |
| Feb. 22 | Morgan McKean | <i>Produce Your Own Reality Show</i>      |
| Feb. 29 | Rev. Lynn     | <i>Nothing</i>                            |



32261 Camino Capistrano, D-105  
San Juan Capistrano, CA 92675

Return Service Requested

## Animal Welfare Fundraiser

**Sponsored by the Animal Kinship Ministry**

On Saturday, February 25, 2012, from 5 to 9 p.m., the Animal Kinship Ministry invites you join us to celebrate love and compassion we share for companion animals and the other wonderful animals which grace our world.. The event will be at the beautiful Aliso Creek Inn, 31106 South Coast Highway, Laguna Beach. Delicious food, music, entertainment and surrounded with the beauty of nature. Tickets \$50.00 each.



Everyone purchasing a ticket will have the opportunity to vote for the animal welfare organization they wish to receive the profits from the event. All profits will benefit animal welfare.

Tables for 6 or 2 available. Open to the public. Well behaved pets on a leash welcome.

RSVP & info: Rose Tingle, 949-633-1056

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### Services:

**Sundays: 9 and 11 a.m.**  
Youth Church during both services

**Wednesdays: 7 p.m.**